

DIGNITY EVERY DAY

DIRECTIONS: This worksheet should be used with the [Dignity Every Day: What Would You Do?](#) learning experience.

ALL AGES | TIME 20 MIN

DIGNITY MEANS WE ARE ALL WORTHY OF:

**HAVING OUR IDENTITY ACCEPTED,
NO MATTER WHO WE ARE**

**RECOGNITION OF OUR UNIQUE QUALITIES
AND WAYS OF LIFE**

**ACKNOWLEDGMENT—TO BE SEEN, HEARD,
AND RESPONDED TO**

BELONGING AND FEELING INCLUDED

DIGNITY MEANS WE ARE ALL WORTHY OF:

**FREEDOM AND INDEPENDENCE
AND A LIFE OF HOPE AND POSSIBILITY**

BEING SAFE AND SECURE

BEING TREATED IN A FAIR AND EVENHANDED WAY

BEING GIVEN THE BENEFIT OF THE DOUBT

BEING UNDERSTOOD

AN APOLOGY WHEN SOMEONE DOES US HARM

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