

DIGNITY HISTORY

In this activity students/participants will find out their family's dignity history through an oral history project. Students/participants will interview a member of their family to determine their family's dignity story. The student/participant will discover what dignity means for their family.

Finally, they will work together with their families to come up with ways they can incorporate dignity into their lives, as a family.

AGES 10+ | TIME 120 MIN

MATERIALS

Copies of the [Dignity History: An Oral History Guide](#) for each student

DIRECTIONS

Session 1

DISCUSS: Lead a discussion or a review (depending on your students/participants' level of understanding) about what dignity means. The [Dignity Definition and Dignity Principles](#) should be used as a guide. If you completed the [What is Dignity?](#) learning experience, refer back to the conversations you had with students/participants.

REVIEW: Share the [Oral History template](#) with students/participants. Explain that they will be interviewing

a member of their family to understand their family member's dignity story and what that story means for their family. After the interview the students will also work with their family member to come up with ways they can incorporate dignity into their lives together as a family.

Session 2

REFLECT: In small groups, students/participants will share their family's dignity history and the action steps their family will be taking to embrace dignity values.

SHARE: A volunteer from each small group will share their family story with the class. Remind students it is important to respect each story, even if it is unfamiliar or different from anything they have experienced before.



REFLECT AND VALIDATE: Students/participants practice dignity and take turns validating and praising their peers, identifying which parts of the interviews and dignity plans resonated with them, made them think differently, moved them, etc. Students/participants can snap when someone says something they agree with.

EXTENSIONS OR GLOBAL CONNECTIONS

- Students/participants record their oral history and incorporate it into a recording similar to StoryCorps. Students/participants can showcase these recordings during their Dignity Day celebrations. They can link to their recordings on Twitter

Connect with our Global Dignity community and explore our Teaching Dignity resources and curriculum at [GLOBALDIGNITY.ORG](https://www.globaldignity.org).