

# DIGNITY DEFINITION AND DIGNITY PRINCIPLES

AGES 10 +

## WHAT IS DIGNITY?

Dignity is a feeling in your core. A belief in your own worth.

A belief in the worth of others.

With dignity, we lead lives of hope, optimism and compassion.

Guided by a universal ethical compass.

Dignity is the belief that our basic humanity

Is shared with every other person on this planet.

## OUR CALL TO ACTION

A life of dignity means you are as valuable and important,

Worthy and wanted, as any other human being.

It means, fundamentally that you matter.

And when you believe that you matter, then you know

That your voice matters,

Your relationships matter,

And your actions matter. You have the confidence to act.

You know you will make a positive impact

That you will work with others to

Transform your community – and the world,

Into one where compassion, understanding and love triumph.

You become a change-maker

Or what we call a dignity-centered leader.

## OUR 5 PRINCIPLES

*We believe that every person:*

- Has the right to pursue their purpose and meaning in life, and to reach their full potential.
- Deserves to live in societies that provide humane access to education, health, income and security.
- Has their life, identity and beliefs respected by others.
- Has the responsibility to create the conditions for others to fulfill their potential, acting to strengthen the dignity of others, building a foundation of freedom, justice and peace for this – and future -- generations.
- Believes that dignity in action means standing up against injustice, intolerance and inequality.

Connect with our Global Dignity community and explore our Teaching Dignity resources and curriculum at [GLOBALDIGNITY.ORG](https://www.globaldignity.org).