How does your dignity feel?

A COLORING BOOK FOR KIDS TO UNDERSTAND DIGNITY

BEAU BARBERIS - FIENE BERGER
INTRODUCTION

Dignity. It’s a word most of us have heard but many find difficult to explain. At Global Dignity, our mission is to change this.

Dignity is the belief that every single person - no matter their age or abilities, where they come from or what they look like - has equal value and worth as a human being. Dignity is the “why” you matter and “why” we should treat each other in positive, compassionate and respectful ways.

A child that learns about dignity and practices it becomes stronger, kinder and more confident. This same child grows into an adult with the skills to build and maintain a world of fairness, equality and acceptance. A better world for all.

We created this booklet for you and the children in your life to explore, with a little help from our Dignity Dog, what dignity means and what it looks like in action. He is waiting inside to show you the way.

Hugs, Beau & Fiene
When the wind blows, I feel free.
When I look in the mirror, I see a special me.
When I help my friend who has fallen, I feel good.
When someone doesn’t listen to me, I feel not understood.
When I share my toys, I feel glad.
When somebody yells at me, I feel sad.
A hug is much better instead.
For when I am hugged, I feel I matter.
And when I hug you, I want you to feel it too.
For dignity is also kind.
My dignity is me.
Your dignity is you.
Everyone has dignity.

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WE’D LOVE TO SEE WHAT YOUR DIGNITY FEELS LIKE!

Have an adult take a photo of your drawing or words and share it using the hashtags

#globaldignity and #howmydignityfeels.

@globaldignity
@global__dignity
@globaldignity
TEXT
Beau Barberis

ILLUSTRATION
Fiene Berger
Our vision is a world where understanding, compassion and love triumph over intolerance, injustice and inequality.

www.globaldignity.org

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GLOBAL
DIGNITY